

Kingfisher
Professional Services

Health and Safety Training
Course Prospectus

2025 - 2026

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About

Kingfisher Professional Services

Health and Safety legislation is vast, complex and continuously changing, resulting in potential business productivity losses.

Our aim is to protect you and your business by identifying possible risks, in order for you to react quickly, to prevent potential harm and costly legal claims.

Training Delivery Methods

Choose from the following delivery methods that best suit the needs of your business:

In-House Training (At Your Premises)

This consists of one of our experienced tutors delivering training at your premises. This delivery method can be a convenient, flexible, and cost-effective solution to meeting the training needs of your business.

Benefits can include:

- Cost savings per delegate
- Reducing costs for travel, accommodation and other expenses associated with this
- Training conducted at a convenient time for you



Virtual Classroom (Tutor-Led)

This consists of one of our experienced tutors delivering interactive online training to only your employees using different virtual meeting platforms. This delivery method can be a convenient, flexible, and cost-effective solution to meeting the training needs of your business.

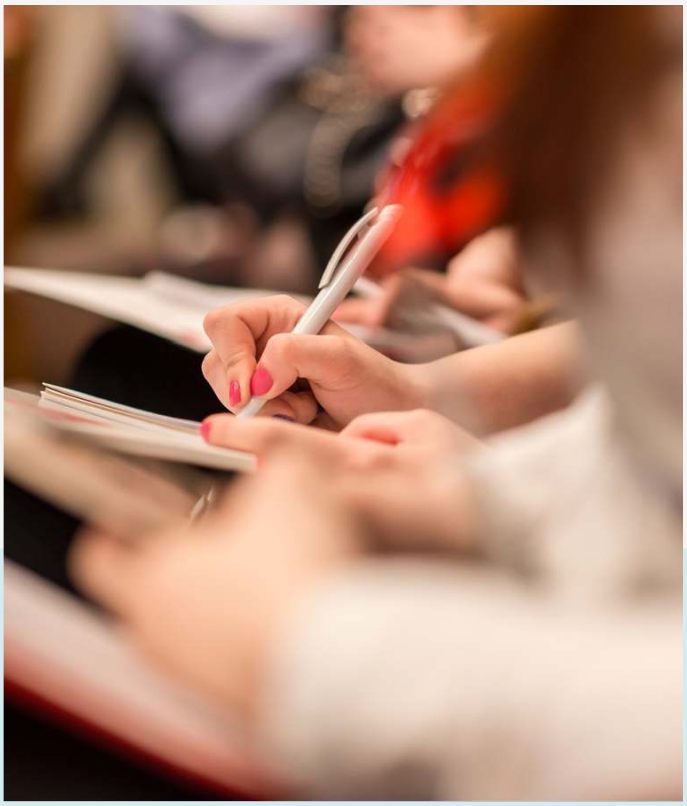
Benefits can include:

- Training staff who work from home or who are located in different locations
- Cost savings per delegate
- No costs for travel, accommodation and other expenses associated with this
- Training conducted at a convenient time for you

Bespoke Training Courses

At Kingfisher Professional Services, we recognise that sometimes different businesses and industries have specific training requirements and a diverse range of challenges, that generalised (off-the-shelf) training courses do not always address.





Our team of learning and development experts collaborate with our clients (from a diverse range of industries) to develop fully tailored solutions to meet their specific training requirements.

We can tailor our courses to incorporate your company systems, policies, procedures and working practices to make your training courses impactful and relevant to your industry and organisation.

To find out more about how our team can assist in the development of bespoke training courses, please get in touch.

Email: administration@kingfisherps.co.uk
Call: 0333 996 0666

Training Courses

We Currently Offer

To find out more information about these courses or if you can't find a course you are looking for, please get in touch.

Email: administration@kingfisherps.co.uk
Call: 0333 996 0666



- General Risk Assessment
- Point of Work Risk Assessment
- Consultation with Employees
- Behavioural Safety
- Incident Investigation and RIDDOR Reporting
- Contractor Management
- Permit to Work
- Construction, Design and Management (CDM) Awareness
- General Health and Safety Awareness
- Display Screen Equipment (DSE) – Awareness
- Display Screen Equipment (DSE) – Assessment
- Manual Handling Awareness
- Fire Safety – Awareness
- Fire Safety – Marshal/Warden
- COSHH Awareness
- Legionella – Awareness
- Legionella – Management
- Work at Height – Awareness
- Work at Height – Safe Use of Ladders and Stepladders
- Confined Space Awareness
- PUWER Awareness
- LOLER Awareness
- Noise Awareness
- Vibration Awareness
- Emergency Spill Response
- Environmental Awareness



Risk Assessments

General Risk Assessment

Half Day

This course provides a general overview of how to conduct an assessment of risk in the workplace. It will explain the difference between hazard and risk and how you can evaluate your activities and implement controls. How to record assessments is also covered.

Course Content:

- Identify hazards and where to find available resources
- Assess risks using tools
- Evaluate risks in a proportionate and sensible manner
- Identify suitable control measures
- Record your assessment of risk

Point of Work Risk Assessment (POWRA)

Course Content:

- Where to use a POWRA
- How to identify potential hazards associated with the task
- How to evaluate the identified hazards to determine a risk level
- Outline the steps required to control risk
- How to record your assessment of risk

Half Day

This course will explain how to conduct a suitable and sufficient Point of Work Risk Assessment (POWRA). This is directed at those individuals tasked with undertaking POWRA before performing a specific task and will give them all the knowledge and confidence required.



Employee Engagement

Consultation with Employees

Half Day

This course is suitable for any individual that represents a non-unionised workforce on matters related to safety. It covers the aspects of safety representation, including your role and responsibilities and how to conduct health and safety accident investigations.

Course Content:

- The law relating to safety representation
- Basic principles of health and safety
- Functions of representation and committees
- Importance of consultation and involvement of employees
- Investigation of accidents and requirements of RIDDOR

Behavioural Safety

Half Day

Course Content:

- Understand the role of management in influencing behaviour
- Leadership strategies
- How to implement a behaviour-based safety program
- Ways to create a positive safety culture

This course is designed to provide managers with the skills to implement an effective behaviour-based safety program in the workplace. It focuses on unsafe acts as the leading cause of accidents and the mechanisms to manage unsafe behaviour.



Investigating Incidents & Reporting

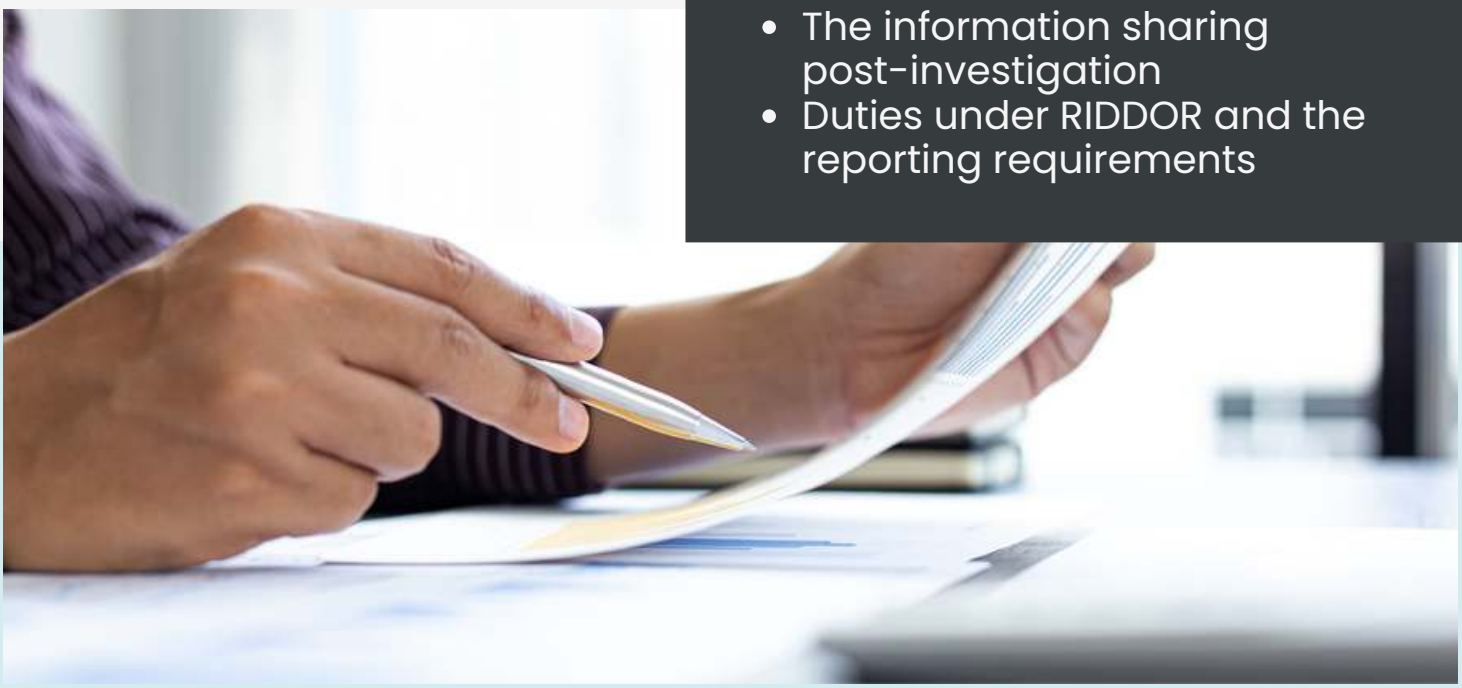
Incident Investigation & RIDDOR Reporting

Half Day

This course provides an introduction to accident investigation, including roles of an investigation team and how to identify the root causes of an incident. The duty under RIDDOR is also covered.

Course Content:

- The benefits of investigating incidents
- Immediate actions post-incident
- Roles of an investigation team
- The steps of an investigation including evidence gathering, root cause analysis, remedial measures and corrective actions
- The information sharing post-investigation
- Duties under RIDDOR and the reporting requirements





Control of Contractors

Contractor Management

Half Day

This course explains how to safely manage any contractor undertaking work within your business. It covers the duties of both an organisation and contractor, how to plan and control activities, and the communication required for effective management.

Course Content:

- The legal requirements for contractor management
- How to effectively plan and monitor contractor activities
- How to communicate and coordinate with contractors
- What information sharing is required
- How to select competent contractors
- How to supervise and review contractor activities

Permit to Work

Half Day

This course will describe the purpose of a permit-to-work system and the high-risk activities which require them, providing the delegate with the knowledge to ensure the preparation and completion is possible.

Course Content:

- Types of permit-to-work activities
- Roles and responsibilities
- What information should be contained in a permit-to-work
- How documentation should be recorded and used
- Monitoring of permit-to-work systems



Construction, Design and Management (CDM)

Construction, Design and Management (CDM) Awareness

Half Day

This course is directed at any individual who is a key duty holder including the client, principal contractor, principal designer, or sub-contractor. It will provide an overview of all the requirements under CDM 2015.

Course Content:

- Introduction to CDM 2015
- General construction hazards
- Roles and responsibilities
- Pre-construction phase
- Construction phase plan
- Safe site best practices





General Health and Safety

General Health and Safety Awareness

Half Day

This course provides the general overview of health and safety in the workplace, covering both the employee and employer responsibilities. It explains the legal duties as well as practical advice on how you can manage risks such as risk assessment and risk controls.

Course Content:

- Reasons to work safely
- Sources of law
- Employer duties
- Employee duties
- Powers of enforcement
- Hazards and controls
- Risk assessment
- Management of safety





Computer Workstations

Display Screen Equipment (DSE) - Awareness

Half Day

This course provides awareness of the risks posed from working at a desk for extended periods. This is aimed at anyone working in an office environment and covers best practices to ensure employees are knowledgeable about DSE injuries and the controls to reduce them.

Course Content:

- Legal definition of DSE
- DSE assessments
- The importance of setting up a workstation correctly
- User wellbeing

Display Screen Equipment (DSE) - Assessment

Half Day

The aim of this course is to provide the knowledge and skills to a DSE assessor so that they can undertake assessments of workstations in their business.

Course Content:

- The key legislation relating to DSE
- Employer duties regarding assessment
- The role of the assessor
- Key hazards associated with DSE
- What a DSE risk assessment is
- How to identify DSE hazards and assess the risk
- What controls can be implemented
- User wellbeing



Manual Handling

Manual Handling Awareness

Half Day

This manual handling course helps employers ensure their employees are sufficiently trained in the principles and practices of safe manual handling. It provides the relevant information for individuals to understand their body and the importance of using correct techniques.

Course Content:

- Understand how the body works and the most common causes of injury
- The damage caused from poor manual handling
- The legislation around manual handling
- What makes a good manual handling risk assessment
- Safe manual handling principles and techniques



Fire Safety



Fire Safety - Awareness

Half Day

This course covers the fire risks within a work premises and the measures to control those risks. Included are legal responsibilities, causes of fire, how to prevent them, fire safety arrangements and emergency arrangements.

Course Content:

- The fire triangle
- Legal responsibilities for fire safety
- Fire risk assessment
- Prevention measures
- Detection and warning systems
- Fire safety signage
- Evacuation routes and exits
- Emergency evacuation procedures

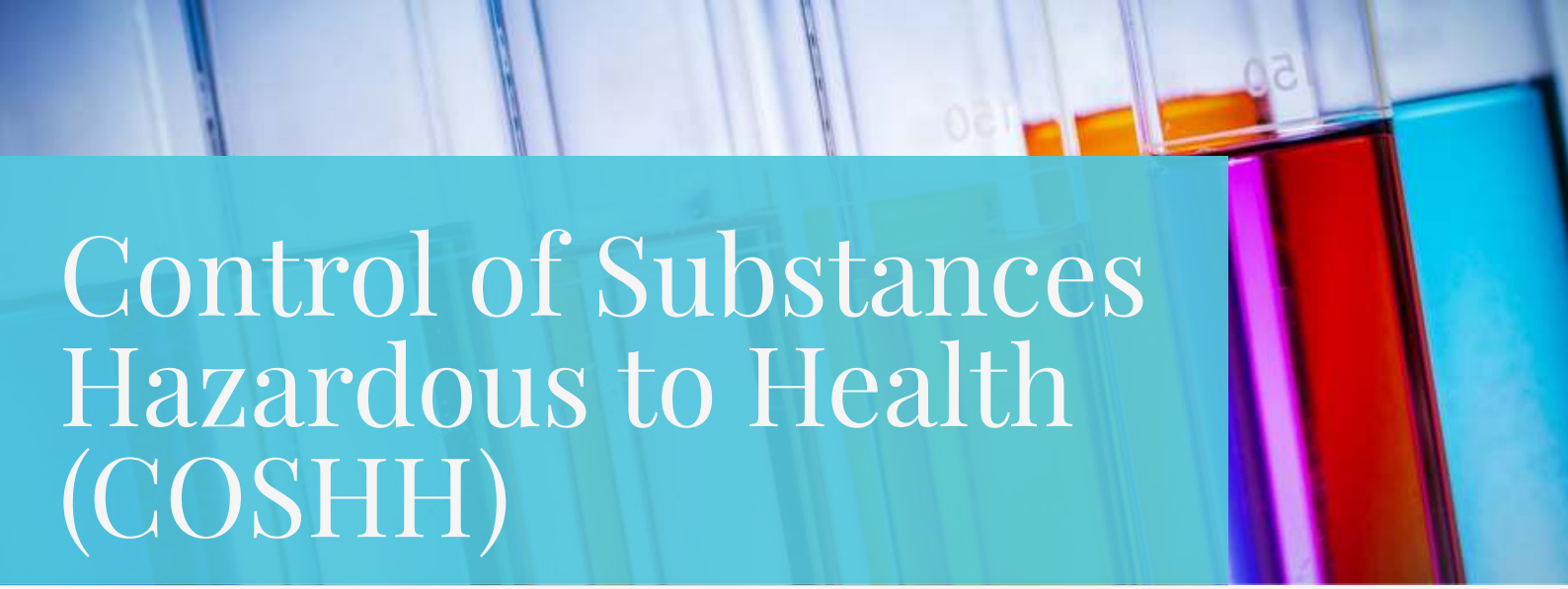
Fire Safety – Marshal/Warden

Half Day

Course Content:

- Responsibilities of fire marshal/warden
- Legal responsibilities for fire safety
- Prevention measures
- Emergency evacuation procedures
- Drafting emergency response plans
- Use of fire extinguishers

This course is directed at any individual taking on the role of fire marshal or warden in their workplace and will provide you with the knowledge to assist the responsible person in their fire safety duties. It includes relevant elements of the Fire Safety – Awareness course but with more specific focus on use of fire extinguishers and evacuation procedures.



Control of Substances Hazardous to Health (COSHH)

COSHH Awareness

Half Day

This course provides the delegate with the basics on hazardous substances – how to identify them, to understand the different types, and to understand the dangerous effects they can have on someone's health.

Course Content:

- Legal requirements under COSHH
- COSHH risk assessment
- COSHH symbols
- Defining hazardous substances
- How to identify them
- Effects on health
- General control measures





Control of Legionella

Legionella - Awareness

Half Day

This course is designed to increase awareness of Legionella bacteria and the importance of maintenance on water systems. This is suitable for anyone that could be exposed to Legionella risks.

Course Content:

- Outbreak implications
- Presence in water systems
- Legionella legislation
- Roles and responsibilities
- Risks from Legionella
- Appropriate controls

Legionella - Management

Half Day

Course Content:

- Legionella bacteria background
- Legal implications
- ACOP L8
- Implementation of a written scheme
- Water sampling and associated actions
- Competency
- Disinfection requirements
- Management of records

This course is suitable for those duty holders and competent responsible persons with responsibilities for the control of Legionella bacteria in water systems. Delivered in line with Approved Code of Practice L8, it covers the supervision, implementation of controls and management of Legionella risks.

Work at Height



Work at Height -Awareness

Half Day

This course is suitable for any individual required to work at height and will raise awareness of the risks and steps that can be taken to minimise or control those risks.

Course Content:

- Legal requirements
- Definition of working at height
- The key hazards and associated risks
- Measures to eliminate or reduce risks
- Use of access equipment

Work at Height – Safe Use of Ladders and Stepladders

Half Day

Course Content:

- The importance of ladder safety
- Legal requirements
- Duties of everyone
- Ladder risk assessment
- Pre-inspection of ladders
- Maintenance and repair procedures
- Safe practices

This course provides delegates with the knowledge required to work safely with ladders and stepladders including how to select, use and inspect equipment.



Confined Space

Confined Space Awareness

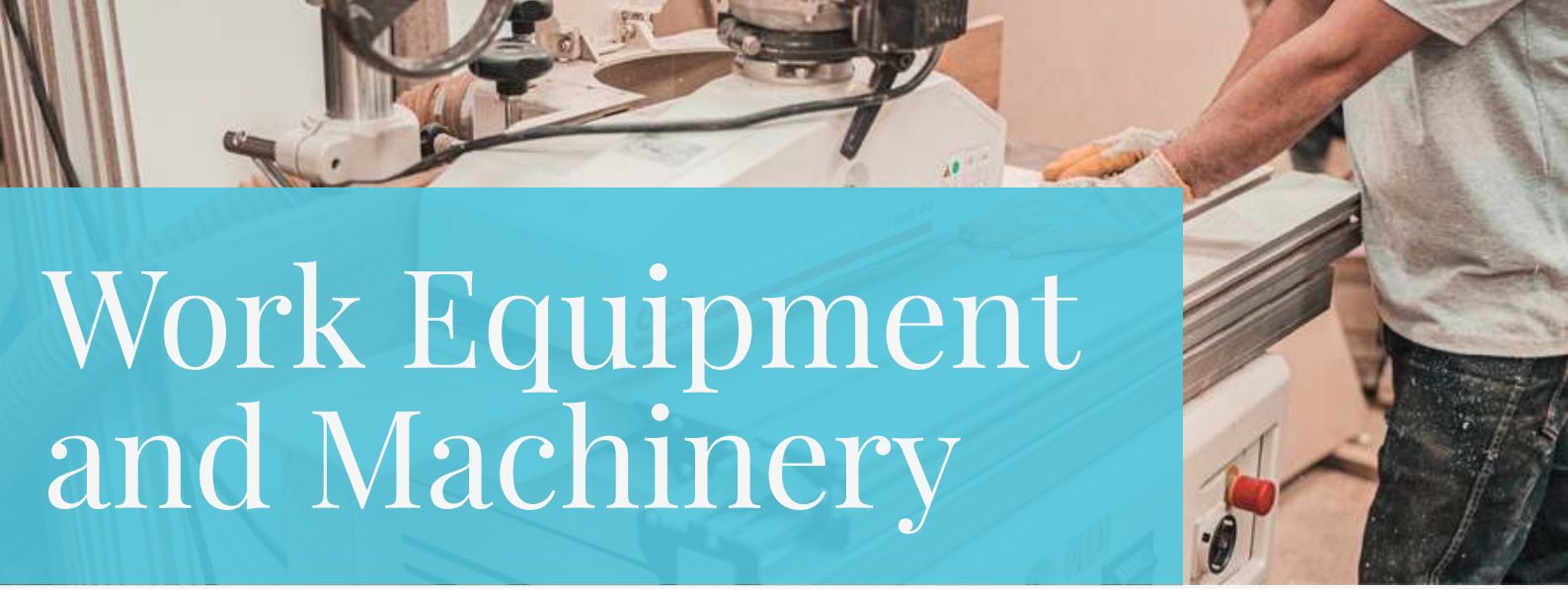
Half Day

This course gives awareness to understand the requirement in the Confined Space Regulations 1997. It covers the risks and safe working practices and emergency arrangements.

Course Content:

- The definition of a confined space
- The legal requirements of the Regulations
- The main hazards of confined space working
- Confined space risk assessment
- Confined space control measures
- Supervising and monitoring activities
- Emergency arrangements





Work Equipment and Machinery

PUWER Awareness

Half Day

The aim of this course is to provide familiarisation with the requirements of the Provision and Use of Work Equipment Regulations 1998 (PUWER).

Course Content:

- PUWER application
- Suitability of work equipment
- Maintenance
- Information, instruction and training
- Dangerous parts of machinery and guarding
- Isolation and machinery controls
- Machinery markings

LOLER Awareness

Half Day

Course Content:

- LOLER application
- Types of equipment
- Common hazards
- Organisation, planning and risk assessment of lifting operations
- Lifting persons
- Markings and safe working loads
- Examination, inspection and maintenance
- Record keeping and defect reporting

The aim of this course is to provide familiarisation with the requirements of the Lifting Operations and Lifting Equipment Regulations 1998 (LOLER).



Noise and Vibration

Noise Awareness

Half Day

This course covers all the responsibilities to control noise in the workplace. It is suitable for both employers and employees to provide awareness of risks and suitable control measures.

Course Content:

- The effects of excessive exposure on a person's hearing
- Legal duties under the Control of Noise Regulations 2005
- Noise risk assessment
- Noise measurement - competency
- How to eliminate noise at source
- How to control or reduce noise
- Hearing protection
- Health surveillance

Vibration Awareness

Half Day

Course Content:

- The risks posed by excessive levels of vibration
- Legal duties of the Control of Vibration at Work Regulations 2005
- Vibration risk assessment
- Measuring vibration levels
- Controlling vibration
- Health surveillance

This course covers the use of vibrating equipment and explains the health effects such as hand-arm vibration syndrome (HAVS) and whole-body vibration syndrome (WBVS).



Environmental Management

Emergency Spill Response

Half Day

This course is aimed at spill responders to prepare them to be able to use your spill containment measures effectively and safely.

Course Content:

- Explain how different materials such as oils and chemicals pose risks to health and the environment
- Understand drainage systems
- Aspects of spill response
- Spill response demonstration with your spill kit
- Explain your spill response procedure

Environmental Awareness

Half Day

Course Content:

- Global environmental issues
- Legal requirements
- Energy usage and the benefits of energy reduction
- How business activities affect the environment
- Ways organisations can reduce their impact
- Correct and safe waste management procedures

This course covers the techniques to create an environmentally aware workforce and the effective ways of managing environmental impact. Delegates will understand how they can support their organisations' initiatives towards environmental compliance.

Partner with us today

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